

DINING

Liz recommends ... BY FOOD EDITOR LIZ BALMASEDA

NORTH PALM BEACH COUNTY & THE TREASURE COAST

CHRISTOPHER'S KITCHEN

Proprietor and chef Christopher Slawson has established a niche here for inspired, plant-based cuisine. His fresh-pressed juices, salads and pizza draws a fit, stylish crowd. They're on to something: Healthy tastes delicious here.

Take the CK Tacos. These handcrafted veggie tortillas slathered with outstanding guacamole and topped with a sweet and spicy walnut filling, lettuce and cashew cheese are so delicious I've ordered them twice in two weeks. Carnivores, fear not the veggie abundance — you will not leave hungry. And for those who prefer a warm soup with their raw meal, Slawson makes delicious hot soups daily.

Christopher's Kitchen: 4783 PGA Blvd. (at Midtown plaza), Palm



The Maui juice at Christopher's Kitchen in Palm Beach Gardens includes cucumber, celery, kale, lemon, ginger and apple. PALM BEACH POST FILE

Beach Gardens; 561-318-6191; ChristophersKitchenFL.com



Christopher's Kitchen's ever popular CK Tacos are layered with guacamole and a sweet and spicy walnut filling. LIZ BALMASEDA / THE PALM BEACH POST

CENTRAL & WEST PALM BEACH COUNTY



Cubanitos is on the menu at Bradley's Beach Club at the Lake Worth Golf Course. DAMON HIGGINS / THE PALM BEACH POST

E.R. BRADLEY'S BEACH CLUB

Overlooking the greens at the Lake Worth Golf Course, this eatery and bar, which opened last year, is a spinoff of the downtown West Palm institution. It's a terrific Sunday breakfast spot (8 a.m. to noon-ish). Dine on the terrace, sip a beer at the bar or enjoy a cocktail at the chill outdoor

patio bar.

But whatever you sip, the must-have appetizer is the grilled avocado with chipotle aioli, Mexican-style corn and queso fresco.

E.R. Bradley's Beach Club: Lake Worth Golf Course, One Seventh Ave., Lake Worth; 561-585-8976; BradleysBeachClub.com



Bradley's Beach Club features a patio dining area. DAMON HIGGINS / THE PALM BEACH POST

SOUTH PALM BEACH COUNTY



Try the pan-seared flounder with olive and basil ratatouille at Jimmy's Bistro in Delray Beach. ALLEN EYESTONE / THE PALM BEACH POST

Jimmy's Bistro

The daily fish special that's featured on Chef James Mills' menu at this neighborhood gem of a bistro is fresh caught and beautifully prepared. Ditto for just about everything that steams out of his kitchen.

Take a detour from the Atlantic Avenue bustle

and slip into this spot for good grub and good service.

Jimmy's Bistro: 9 S. Swinton Ave., Delray Beach; 561-865-5774; Facebook.com/Jimmys-Bistro

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Jimmy Mills is chef/owner of Jimmy's Bistro ALLEN EYESTONE / THE PALM BEACH POST

QUICK BITES

Brazilian festival rolls into downtown Boca

Food, dance and music to propel the festival party.

By Liz Balmaseda
Palm Beach Post Staff Writer

The Brazilian Beat street fest rolls into downtown Boca Raton Saturday night with a food truck convoy, traditional eats, spicy samba and plenty of "carnaval do Brasil" revelry.

The occasion? Brazilian Independence Day.

Not that aficionados of hearty Brazilian food, music and dance need a red-letter-day reason to celebrate the cultural gifts of the South American nation. But now that the Brazilian consulate in Miami has designated this bash as a sanctioned independence day event, the party has taken on an official dimension.

The Brazilian band BossaCucaNova, led by Marcio Menescal (son of bossa nova icon Roberto Menescal), will provide the live soundtrack. The sound: samba meets electro-bossa nova.

Expect capoeira performances, samba drumming, carnival dancers, Zumba demos and plenty of Brazilian food.

Here's what's cooking in the food truck kitchens:

Burger Shack is serving picanha (tri-tip steak) burgers, Che Grill is offer-



The Churrasco Grill will join the food truck convoy at the Third Annual Brazilian Beat festival to celebrate Brazilian Independence Day. CONTRIBUTED BY DOWNTOWN BOCA

THIRD ANNUAL BRAZILIAN BEAT

What: Brazilian Independence Day celebration

When: Saturday, 6 p.m.

Where: Sanborn Square, 72 North Federal Highway (one block north of Palmetto Park Road)

Admission: Free and open to the public

Parking: Free parking at City Hall (201 W. Palmetto Park Road), the Downtown Library (400 NW Boca Raton Blvd.); also available at other downtown locations displaying Brazilian Beat event signs.

Info: Call 561-367-7070, or visit DowntownBoca.org

ing pão de queijo (cheese bread), picahna empanada and coconut flan, Churrasco Grill is serving Brazilian-style feijoada (black bean stew) and picahna, Crazy About Chew is also simmering some feijoada stew as well as Bauru-style roast beef sandwiches, Cuban Press is serving

spit-roasted meats and cheese bread, and the Boba Station is pouring passion fruit green tea and smoothies.

OPENINGS

Paneterie, a bakery and café featuring the confections of French master baker Patrick Lézé, opened this week



The new Paneterie bakery is located next door to Palm Beach Dramaworks on Clematis Street. CONTRIBUTED BY PANETERIE



If the Trader Joe's opening in Wellington is any indication, the chain can expect a crowd a half hour before its Delray Beach store debuts today. LANNIS WATERS / THE PALM BEACH POST

in downtown West Palm Beach.

The sweet spot is located on Clematis Street (next door to Palm Beach Dramaworks), just a block from its sister eatery, Pistache. Owned by restaurateur Thierry Beaud's TI-

TOU Hospitality group, the bakery took over the former Pizza Luna space.

The bakery/café is open daily from 7 a.m. to 11 p.m.

Paneterie: 205 Clema-

tis St., West Palm Beach; 561-223-2992; Paneterie.com

Trader Joe's, the grocery store with an indie spirit, opens its second Palm Beach County location today in **Delray Beach** (1851 S. Federal Highway).

The opening comes less than four months after the national boutique grocery chain ventured into the county with the opening of a Wellington location. But the next two Trader Joe's openings are coming up even quicker.

A **Palm Beach Gardens** location will open at 2560 PGA Blvd. (PGA Plaza) on Sept. 19. And a **Boca Raton** store is slated to open at 855 S. Federal Highway on Sept. 26.

Store hours are 8 a.m. to 9 p.m. for all the above.

Trader Joe's is popular for its eclectic collection of branded products that range from easy-drinking budget wines to specialty coffees and unique frozen foods. For information, visit TraderJoes.com.

CLOSINGS

Decks Fish Market, the embattled seafood-centric restaurant located on the second floor of CityPlace, has closed after 10 months in business.

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RESTAURANT REVIEWS

Reviews by Post staff, who dine anonymously at the newspaper's expense. \$ Cheap, \$\$ Inexpensive, \$\$\$ Moderate, \$\$\$\$ Expensive. A — Excellent, B — Good, C — Average, D — Poor, F — Don't bother.

CENTRAL PALM BEACH

BAR LOUIE, 200 Clematis St., West Palm Beach. 561-228-5220. Food: Burgers, sandwiches, salads. \$\$\$ B — Food, B — Service
BAY BAY'S CHICKEN & WAFFLES, 2400 Okeechobee Blvd., West Palm Beach. 561-429-3796. Food: Spicy, addictive fried chicken. \$-\$ B+ — Food, B+ — Service
BELLE & MAXWELL'S, 3700 S.

Dixie Highway, West Palm Beach. 561-832-4449. Food: Bistro favorites. \$\$\$ B — Food, B+ — Service
BISTRO TEN ZERO ONE, 1001 Okeechobee Blvd. (Marriott), West Palm Beach. 561-833-1234. Food: Modern American fare. \$5 B+ — Food, B — Service
BRICKTOP'S, 375 S. County Road, Palm Beach. 561-855-2030. Food: American favorites. \$\$\$ C — Food, C — Service
BUCCAN, 350 S. County Road, Palm Beach. 561-833-3450. Food: Inspired small plates. \$\$\$-\$\$\$\$. A — Food, A — Service
BURGERFI CITYPLACE, 700 S. Rosemary Ave. (CityPlace), West

Palm Beach. 561-557-9144. Food: Burgers. \$-\$ B — Food, B — Service.
CALLARO'S STEAK HOUSE, 717 Lake Ave., Lake Worth. 561-588-9730. Food: Steaks, fresh seafood. \$\$\$-\$\$\$\$ B — Food, B+ — Service
CITY CELLAR, 700 S. Rosemary Ave. (CityPlace), West Palm Beach. 561-366-0071. Food: Pizza to pasta, salads to steaks. \$\$\$+ B+ — Food, A — Service
DARBSTER, 8020 S. Dixie Highway, West Palm Beach. 561-586-2622. Food: Vegan dining. \$-\$-\$\$\$ B+ — Food, B+ — Service
DEL FRISCO'S GRILLE, 340 Royal Poinciana Way, (Royal Poinciana Plaza), Palm Beach. 561-557-2552.

Food: American classics. \$\$\$-\$\$\$\$ B — Food, A — Service.
FRANCESCA'S PIZZA & RESTAURANT, 11452 Okeechobee Blvd., Royal Palm Beach. 561-422-0600. Food: Homemade pizza, pasta, appetizers and desserts. \$-\$ B+ — Food, B+ — Service
HMF AT THE BREAKERS, 1 S. County Road, Palm Beach. 561-290-0104. Food: Small plates, inspired street foods. \$\$\$ A — Food, A — Service
HOT PIE PIZZA & BAR, 123 S. Olive Ave., West Palm Beach. 561-655-2511. Food: pizza. \$ B — Food, B+ — Service
HULLBALOO, 517 Clematis St.,

West Palm Beach. 561-833-1033. Food: Terrific gastro pub fare. \$\$\$ A — Food, B — Service
KABUKI, 308 Clematis St., West Palm Beach. 561-833-6349. Food: Sushi and Thai tapas. \$\$\$ A — Food, B — Service
JACK'S GRUMPY GROUPER, 308 N. Dixie Highway, Lantana. 561-847-4158. Food: Burgers, bar bites, fresh seafood. \$-\$-\$\$\$ B+ Food, B — Service
JOVE KITCHEN AND BAR, In the Four Seasons Resort Palm Beach, 2800 South Ocean Blvd., Palm Beach. 561-533-3750. Food: Modern Italian, exquisite. \$\$\$-\$\$\$\$ A — Food, A — Service

LITTLE MUNICH, 806 Lake Ave., Lake Worth. 561-932-0050. Food: Homey German tavern. \$ B — Food, B — Service
LONGBOARDS RESTAURANT & BAR, 519 Clematis St., West Palm Beach. 561-833-4660. Food: Fresh seafood, bar bites. \$\$\$ A — Food, B+ — Service
LOS CATRACHOS, 4645 Gun Club Road, West Palm Beach. 561-615-3090. Food: Central American (Honduran) soul food. \$ B+ — Food, B — Service
MAISON CARLOS, 3010 S. Dixie Highway, West Palm Beach. 561-

Reviews continued on D5