

Health

WELLNESS Q&A

Drs. Oz and Roizen

Handle teen stalkers with the clear, cold facts

**Q: My 13-year-old daughter says a boy in her class won't leave her alone - he's always texting and turning up where she is. I can't figure out if it's just awkward youthful affection or something menacing. Any suggestions on how she and/or I should handle it? — Francine H., Port Arthur, Texas**  
**A:** When hormones

surge in teens, all kinds of weird behaviors appear, and they sometimes call for parental patience and guidance. But — and we cannot say this strongly enough — that doesn't mean you should shrug off bad behavior. The fact that your daughter has confided in you indicates that she feels something is a bit off with this boy's behavior. And tell her she's not

alone. A study from the Centers for Disease Control and Prevention found 14 percent of boys in 6th to 9th grade say someone has pursued them in order to start or continue an unwanted relationship, usually through messages online, voicemail and by being followed.

So, here is what the experts recommend you do:

■ If there have been no threats or violence, help your daughter rehearse standing up to the stalker. Firmly and calmly, she must inform him that his behavior won't be tolerated. "You must stop calling, texting and following me. Stop bothering me, starting now. If you persist, I will report you to the school authorities and the police." Then walk away.

No scenes, no drama. Just the clear, cold facts. ■ If there have been threats, or if after delivering the ultimatum an incident happens, inform the school and police, and request they talk with the child and his parents. Hopefully, you won't need a restraining order, but don't hesitate if you feel you do! Your daughter's safety is priority No. 1. Getting the young

man help is an important, but for you a very distant No. 2.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. Email your health and wellness questions to Dr. Oz and Dr. Roizen at youdocsdaily@sharecare.com.

THEATERS

Continued from Page 1

location Dec. 16 at The Shops at Merrick Park, 358 San Lorenzo Ave. This is the first Florida location for the national luxury movie chain known for presenting independent films as well as mainstream fare with upscale extras. Among them: cozy auditoriums that can seat fewer than 100 people; electronic, teal and red leather seats; wooden floors; and Dolby 7.1 surround sound.

"We built a traditional movie theater with high-end amenities, and I think there is a group of people who want to see a movie in that way and not in a dine-in, which is what most of the other luxury movie chains do," said Ted Mundorff, president and chief executive officer of Landmark Theatres, during a recent VIP opening reception.

"It's a smart market, it's an educated market, it's a moviegoing market, and we think that with our service and customer-friendly attitude that we will attract people to this beautiful facility. We give them a unique experience."

Tickets for adults range from \$10.50 to \$12.50. Visit landmarktheatres.com.



WORLD RED EYE/COURTESY

Landmark Theatres is opening its Florida luxury movie theater location at The Shops at Merrick Park.

Because of their space and in-house restaurant, iPic theaters have become go-to rental halls for bar mitzvahs, corporate meetings, weddings and videogame tournaments.

Adult tickets range from \$16 to \$28. Visit ipictheater.com.

Silverspot Cinema

One way Silverspot Cinema in Coconut Creek differentiates itself is through its holiday-themed menus.

Last year, Silverspot introduced a Chinese-inspired "Jewish Christmas" menu for \$25 per person, complete with vegetable fried rice, Kung Pao style shrimp, sesame chicken and Lo Mein noodles to cater to movie fans who traditionally enjoy dining on Chinese food on the holiday. There were also pumpkin and apple pies.

The theater is offering the daylong menu again this year.

"We are trying to create a differentiation in the food offering... nice burgers, outstanding lobster rolls and fish tacos, and you can have the food at your seat," said Francisco Schlotterbeck, chief executive officer.

Though he considers his theaters to be "sophisticated and elegant," Schlotterbeck balked at using the word "luxury." "We are the business class in the airline industry, if you want to compare," he said.

Silverspot Cinema plans to expand with a venue in downtown Miami in June 2017 and another location in the greater Fort Lauderdale area within the

premium service with reserved seating, oversized rocker seats and swivel tray tables for sandwiches and drinks from an in-house bar and restaurant.

Another bonus: employees who happily point to where your seat is and escort you there as if you were attending an opera.

South Florida locations can be found in Deerfield Beach, Jupiter and Miami's Coconut Grove.

The Coconut Grove venue has been known to host events from the Miami Film Festival and special documentary screenings.

"We take great care to create a space where guests feel pampered before, during and after watching a film, with incredible service, sophisticated and approachable decor, and enhanced concession offerings," said April Mendoza, Cinepolis USA's vice president of sales and marketing, in an email. "On a local South Florida level, our Jupiter, Deerfield Beach and Coconut Grove theater locations offer selections of gourmet concessions — such as Sriracha BBQ Chicken Pizza, Havana Panini and Mango Pork Tacos — beer and wine, and online reserved seating."

Adult tickets range from \$8 to \$18.50, depending on the location. Visit cinepolisusa.com.

Cinepolis USA

This Mexico-based theater chain also offers a

GARDEN

Continued from Page 1

quently are semi-deciduous, so this time of year I could see the mistletoe clearly. Although it's a different plant, its appearance is similar to European mistletoe.

Mistletoe has come to refer to many different parasitic plants. The European plant is Viscum album, while the Eastern mistletoe native to North America is Phoradendron leucarpum, in separate genera. There are even mistletoes in different families.

Mistletoe, then, is more of a way of life; a parasitic one at least. Ours produces pale orange berries that are consumed by birds and spread when the bird deposits the undigested seed on a branch. The seedling eventually penetrates the vascular system of its host and takes advantage of the tree's water and nutrients. The mistletoe does obtain some nutrition on its own, through photosynthesis,

making it only a hemiparasite.

Fairchild's were introduced years ago by conservation staff — and have survived. It may seem odd to introduce a parasite, but it has its place.

While mistletoe has been associated with Christmas decorations and kissing rituals only since about the 18th century, the Roman naturalist and author known as Pliny the Elder a couple millennia ago described its use in Druidic rituals, so mistletoe has been special to people for thousands of years.

Kenneth Setzer is writer and editor at Fairchild Tropical Botanic Garden. Go to fairchildgarden.org.



KENNETH SETZER/COURTESY

Pale orange mistletoe fruit is barely visible among the leaves. The parasitic mistletoe remains green during the winter, even when the host plant is bare.

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WEDDING



Butler – Lowe

Kristen Taylor Butler and Raymond Paul Lowe were married on Sunday December 4th 2016 at 3:30 pm at the Cielo Blu Barn in Fellsmere, FL with Pastor Tony Durant officiating. The Bride is the daughter of Michael and Renee Butler of Deerfield Beach, FL. The groom is the son of Charles and Sandra Lowe. The maid of honor was her sisters- Kayla and Kelsey Butler. The best man was Justin Godsey. The Bride was escorted by her father. She wore a white strapless sweetheart dress trimmed with beads and a soft layered skirt. The bouquet was made of soft pink, coral and white roses. Following the reception, the couple left to go Skiing on their honeymoon and will reside in Palm Beach County.

ENGAGEMENT



Murr – Deleveaux

Mr. and Mrs. Michael Murr of Coconut Creek, Florida announce the engagement of their daughter, Sarah Murr, to Spencer Deleveaux, son of Vallierre and Zena Deleveaux of Nassau, Bahamas. Ms. Murr, a graduate of the London School of Hygiene and Tropical Medicine, is an infectious disease specialist. Mr. Deleveaux is a fourth year medical student at the University of West Indies at Mona. They met while attending the University of Miami. GO CANES! The proposal was in London at the Royal Botanic Gardens under a trellis of blossoming yellow wisteria. A June wedding is planned.

"THE BEST FILM OF THE YEAR."  
 MATTHEW JACOBS - THE HUFFINGTON POST  
**GOLDEN GLOBE NOMINEE** **SCREEN ACTORS GUILD AWARD NOMINEE**  
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 VARIETY, Brent Lang  
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 AFRICAN-AMERICAN FILM CRITICS ASSOCIATION  
  
 FIND YOUR WAY HOME.  
 ACADEMY AWARD NOMINEE  
**DEV PATEL ROONEY MARA DAVID WENHAM AND NICOLE KIDMAN**  
**LION**  
 PG-13 PARENTS STRONGLY CAUTIONED  
**STARTS TODAY AT SELECT THEATERS NEAR YOU**  
 CHECK DIRECTORIES FOR SHOWTIMES • NO PASSES ACCEPTED  
**ATTENTION AMPAS & GUILD MEMBERS:**  
 Your membership card and photo ID will admit you and a guest to any performance, based on seating availability, excluding holidays. Theaters are subject to individual restrictions.