

# Sun, yoga, Tom Petty, Patrick and the Swayzees

Even in summer, the living isn't easy, with all due respect to George Gershwin. But it can offer us the collective opportunity to dial back the pace of the day-to-day and see what happens.

In his captivating 2018 single "Feels Like Summer," Donald Glover's Grammy-winning alter ego, Childish Gambino, lamented the inexorable velocity of modern life and the inhumanity that results: "Seven billion souls that move around the sun / Rolling faster, faster ... Parents tryna tell the children please slow down / Slow down."

Friday brings the official beginning of summer and the longest sunlight of the year. Here are some things to do with lengthier days, fewer distractions and, perhaps, more time with loved ones. Even if you just slow down.



**Ben Crandell**

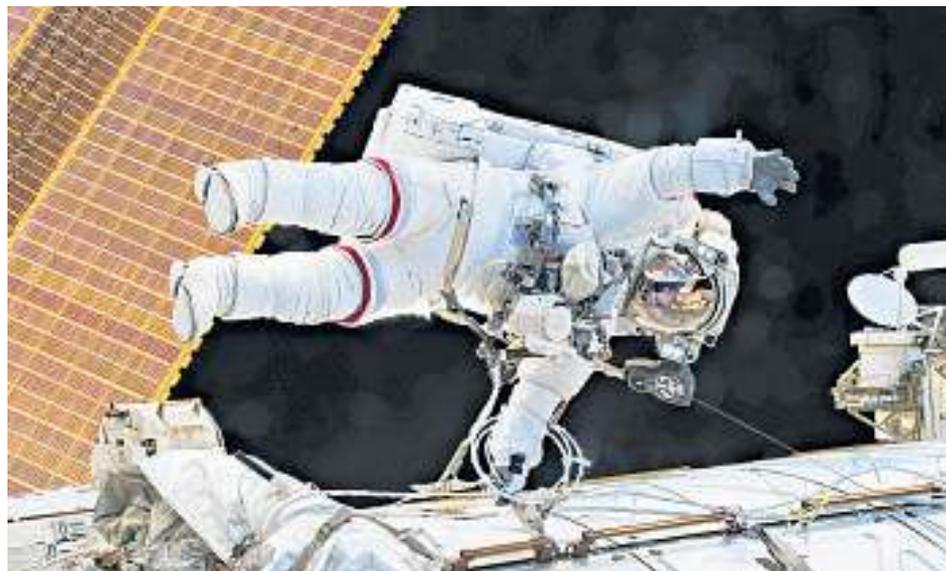
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## The big picture

In a time of relentless kvetching and navel gazing comes the photography of astronaut **Scott Kelly**, taken during his year on the International Space Station. These images of the Earth and the luminous tapestry of space, part of the exhibit "**Space Odyssey 2019**" at **Palm Beach Photographic Centre in West Palm Beach**, are a beautiful reminder of humankind's place in the bigger picture and our aspirational, spiritual quest to understand it. A free, public opening reception for the exhibition is 6-8 p.m. Wednesday, June 19, and the show will continue through Aug. 3. Visit [Workshop.org](http://Workshop.org).

## Good spirits

It was not too long ago that, unless your Mount Rushmore of cock-



**SCOTT KELLY**

Astronaut Scott Kelly, shown during a spacewalk outside the International Space Station, will have pictures from his year-long mission on display at the Palm Beach Photographic Centre.

tails included the margarita and Long Island Iced Tea, South Florida was a wasteland. There was no experimentation, no muddling, no ambition, no artisanal, no allspice. **John Lermayer** changed all that. The seriously inventive bartender-turned-bar-owner, who died last June, will be remem-

bered with drinks and live music Thursday-Friday at his globally revered boite, **Sweet Liberty**, on **Miami Beach**. Friday night's lineup includes **Patrick and the Swayzees**, along with **Brendan O'Hara**. **DJ Reid Waters** will spin his regular late-night set. Visit [MySweetLiberty.com](http://MySweetLiberty.com).

**"One foot in HARRY POTTER and another in DEAR EVAN HANSEN"**  
—CHICAGO TRIBUNE

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**Coming Up...**  
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Friday, July 12 at 7 pm  
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**Branching out**

One of my favorite new spaces for an outdoor drink is by the tree on the patio at the new **Quarterdeck** (up the street from the old one off 17th) in **Fort Lauderdale**. Trees are good. On Sunday at 6 p.m., the **Copper Tones'** acoustic duo (singer-guitarist **Stefanie Smerkers** and **Dyllan Thieme** on bass and mandolin) will perform. Perfect. Visit [QuarterdeckRestaurants.com](http://QuarterdeckRestaurants.com), [Facebook.com/TheCopperTonesMusic](http://Facebook.com/TheCopperTonesMusic).

**You glow, girl**

At **Mizner Park Amphitheater** in **Boca Raton** 7-10 p.m. Friday, the summer solstice and **International Yoga Day** will be celebrated with a free, multisensory evening of yoga, art, seminars, music and vendors. The event reaches its zenith at 9 p.m. with a **Glow Yoga** circle, led by **Corbin Stacy**, illuminated with complimentary glow warrior paints, glow-in-the dark necklaces and more (free registration at [EventBrite.com](http://EventBrite.com)). Admission is free. Visit [MiznerAmp.com](http://MiznerAmp.com).

**Yoga + beer + golf**

From the Yoga in Strange Places file: **Beer Yoga** at **TopGolf** in **Miami Gardens** offers a one-hour, all-levels yoga class at 11 a.m.

Saturday on the tiered cliffs of the upscale driving range, followed by beer. Not complicated. Sponsored by **Ales and Asanas**, the class costs \$15 advance, \$20 at the door. This includes the yoga class, one beer, \$10 in game play, and first-time players get their TopGolf membership fee waived (\$5 value). Visit [Facebook.com/AlesandAsanas](http://Facebook.com/AlesandAsanas).

**Drinking for dogs**

**Shepherd Help and Rescue Effort** (SHARE) is the beneficiary of the **Summer Time Yappy Hour** 3-7 p.m. Saturday in the Reef Room at **Saltwater Brewery** in **Delray Beach**. Donate \$10 to the rescue and get a free beer. Lake Worth singer-songwriter **Davee Bryan** will perform 4-7 p.m. Visit [Facebook.com/SalWaterBrewery](http://Facebook.com/SalWaterBrewery).

**Weekend movie**

The rock documentary **"Echo in the Canyon"** has been extended through June 27 at **Savor Cinema** in **Fort Lauderdale** and **Cinema Paradiso** in **Hollywood**. Featuring the final film interview of Tom Petty, "Echo in the Canyon" digs into the creative hothouse of Laurel Canyon in Los Angeles in the mid-1960s, as folk music plugged in to produce the influential California Sound. Led by musician Jakob Dylan, the film explores the era via conversations



LOS ANGELES FILM FESTIVAL

Jakob Dylan (left) and Tom Petty in a scene from the movie "Echo In The Canyon."

and performances with Brian Wilson, Eric Clapton, Michelle Phillips, David Crosby, Stephen Stills, Graham Nash, Roger McGuinn, Jackson Browne and younger artists including Beck, Fiona Apple, Cat Power, Regina Spektor and Norah Jones. Visit [FLIFF.com](http://FLIFF.com). The film will begin a week-long run at the **Lake Worth Playhouse** on June 28. Visit [LakeWorthPlayhouse.org](http://LakeWorthPlayhouse.org).

**New beer**

At noon Saturday, **LauderAle** will host a can release for two easy-drinking summer beers, **Lunch Money Pale Ale** and **Double Dry Hopped Monkey Road Red**, in 16-ounce four-packs for \$17.50. Great for

flaunting around the grill. Visit [LauderAle.co](http://LauderAle.co).

**Happy hour of the week**

My wife isn't much for beer. Cocktails, yes. **Andy's Live Fire Grill & Bar** (from **Anthony Bruno** of Anthony's Runway 84 and Anthony's Coal Fired Pizza) in **Fort Lauderdale** has two new ones with her name on them: the **Spicy Mangorita** (Casamigos Reposado, mango puree, lime juice, simple syrup, cilantro, serrano slices and spicy-salt rim), the featured happy-hour drink through June 23, and the **Watermelon Mint Margarita** (Casamigos Blanco, muddled watermelon, lime juice, simple syrup, bitters and mint garnish), featured June 24-30. During happy hour, 4-7 p.m. Monday-Friday, these drinks are \$7 (tip: pair them the lobster guacamole app on the covered upstairs patio). The rest of the time they go for \$12. Visit [Facebook.com/AndysLiveFire](http://Facebook.com/AndysLiveFire).

**Sweet deal**

**Bear's Food Shack** in **Delray Beach** will host popular soul stirrers **J.M. and the Sweets** 6-11 p.m. Saturday while offering \$2.50 mix-and-match tacos with \$2.50 beers. Get a free beer with an RSVP at [Facebook.com/BearsDelray](http://Facebook.com/BearsDelray).



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