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It will feature culinary creations from food trucks including 681 Seafood, offering seafood and small bites with a Southern spin; DOugh DOugh Donuts, serving up donuts, fries, and gourmet dogs; Morelia Gourmet Paletas, bringing hand-made Mexican-style popscicles; Tacos Veracruz, cooking up gourmet tacos, quesadillas and burritos; Up-town Deli, featuring deli sandwiches; and InspirAsian's Asian-fusion cuisine. Auditory refreshment will be provided by singer, guitarist and multi-instrumentalist Victoria Cardona.

The event is 11 a.m. to 2 p.m. today, Friday, May 5. 1500 NE Fifth Ave., Boca Raton. Free. Information: myboca.us

3 Tropical Spinach and Tasty Greens at Mounts Botanical Garden

Learn about tropical spinaches include Malabar, Okinawa, Longevity spinach as well as leafy greens like Katuk and moringa, which are not only tasty, but can also be used as ornamentals. Just two spinach plants can produce enough leaves for a small family and can be harvested almost all year round. Pots, soil, cuttings, starts, and seeds will be given to all participants.

The event is 10 to 11:30 a.m. Saturday, May 6. 531 N. Military Trail, West Palm Beach. Members \$20, nonmembers \$25. Information: mounts.org

4. 'Sacagawea Meets Beethoven: A Brave New Frontier'

The Core Ensemble (cello, piano, percussion and actor) will celebrate Native American heroine Sacagawea, the Shoshone guide and interpreter who braved floods, hunger and more while playing a key role in the success of the Lewis and Clark expedition from 1804 to 1806 as they explored the American West. Reflecting a new musical exploration taking place at the same time across the Atlantic Ocean, the program will open with a performance of the Beethoven Cello Sonata in A Major, Op. 69. Ludwig van Beethoven flouted convention with a new musical style: Romanticism. Sacagawea and Beethoven are contemporaries from two different worlds who explored new territories, geographic and artistic.

The production is 7 p.m. tonight, Friday, May 5. 00 North Palmway, Lake Worth Beach. Free. Information: 561-310-3230.



Learn about edible landscapes with Mel Corichi during Tropical Spinach and Tasty Greens class Saturday, May 6 at Mounts Botanical Garden.



Actor Nadya Encarnacion will play Sacagawea in the production "Sacagawea Meets Beethoven: A Brave New Frontier" tonight, Friday, May 5 at St. Andrew's Episcopal Church in Lake Worth Beach. PROVIDED PHOTOS

5. Strengthen, lengthen with yoga, beer at Twisted Trunk

Whether it was a rough night and you need to work out the kinks or you just love a good stretch followed by a good beer, this Palm Beach Gardens purveyor of fine beers has got you covered. Enjoy a one-hour yoga session followed by a rewarding beer.

The event is 11 a.m. to noon Sunday mornings. 2000 PGA Blvd., Palm Beach Gardens. \$18. Information: twisted-trunkbrewing.com

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THE SOCIETY OF

The Four Arts



ART EXHIBITION ON DISPLAY

Benjamin Mkapa African Wildlife Photography Awards

1 to 5 p.m. Sunday and Tuesday

10 a.m. to 5 p.m. Monday and Wednesday through Saturday

FRIDAY FILM SERIES

"The Dig" starring Ralph Fiennes and Carey Mulligan

Today at 5:30 p.m. only

In the late 1930s, a British widow hires a self-taught archaeologist to dig up mysterious formations on her land, leading to a staggering find.

BOOK DISCUSSION

"Her Hidden Genius" with Dr. Rachel Schipper

Wednesday, May 10th at 1:30 p.m.

This novel shines a light on a woman who sacrificed her life to discover the nature of our DNA and advance our understanding of humankind.

FRIDAY FILM SERIES

"Downfall: The Case Against Boeing"

Friday, May 19th at 5:30 p.m. only

Investigators reveal how Boeing's alleged priority of profit over safety could have contributed to two catastrophic crashes in 2019.

Purchase tickets at (561) 655-7226
or go to fourarts.org and select program

100 Four Arts Plaza, Palm Beach

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