

TGIF

The Palm Beach Post



CUE CURLY

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What's new at Grandview Public Market in West Palm?

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USA TODAY NETWORK

If you haven't been to Grandview Public Market in a while, it's time for a return visit.

This culinary hot spot and social gathering site in West Palm Beach has recently added several new vendors: Nativus, Clare Ave Grill, Josey's Salads & Smoothies, Joi Poké & Sushi, Bonitas and Mcks' Bakeshop.

They join favorites including Caribbean Fire Side Bistro, Roux Cajun Cuisine, Sugar Milk Boba & Dessert Bar, Ramen Lab Eatery and Pizza Paradise.

Here's the lowdown on the newbies:

Nativus

Opened May 16, this eatery specializes in their signature yuca cheese bread and yuca waffles, tropical yogurt smoothies, Ecuadorian coffee and fruit bar/ice cream pops.

Using yuca (cassava) flour and no additives or preservatives, their baked goods are all made in-house. One of the owners, Diana Linares, said that in total, there are only five ingredients in them and added that they contain no wheat and are gluten-free.

Their smoothies, a bit thicker than typical American versions, are made with yogurt along with mango, coconut, blackberry, passionfruit and more. They can also mix flavors to meet customers' tastes.

Linares said that in Ecuador, yuca cheese bread and smoothies are usually eaten together for breakfast and the combination is known as the "power couple."

The coffee Nativus serves is Ecuadorian, as in the beans are actually imported from Ecuador. They source them themselves, have them shipped to Miami and then to West Palm Beach.

Though the yuca waffles can be eaten plain or with cheese, customers often choose to take them to the next level adding sauces such as Nutella, guava and dulce de leche and/or toppings in-



Grandview Public Market has several new restaurants, a bar and even a pop-up bakery that have opened the last few months. JEFF HERRON

cluding sprinkles, marshmallows and more.

Information: nativus.co

Clare Ave Grill

Owned and operated by the group behind the Grandview standout Roux Cajun Cuisine, Clare Ave Grill is the market's latest addition.

Specializing in smash burgers, Clare offers singles, doubles and even triple burgers that are made to order. Though the burgers come with fresh-cut fries, customers can choose to upgrade to other sides including mac & cheese, onion rings, pineapple coleslaw, crack

fries (truffle fries) and more.

In addition to burgers, they serve fried chicken sandwiches, cheesesteak sandwiches, BBQ pork sandwiches, salmon burgers, and much more.

They officially opened on July 4.

Information: ashdrop.com

The District Bar

In addition to Roux and the new Clare Ave Grill, the Coleman family is now running The District Bar.

It's a full bar that also features craft beers and signature cocktails.

One of these is the Casa Blanca and it features Casamigos tequila, grapefruit

juice, sparkling grapefruit juice, agave syrup and lime.

Information: cashdrop.com

Josey's Salads & Smoothies

Officially opened in late 2022, this Grandview eatery is focused on health, wellness and great taste.

Owner Josey Dunbar said she first got turned on to a more holistic approach to food while living in Los Angeles. She said she was going to college and would often study at a local smoothie bar. Learning from them and

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The yuca waffles at Nativus can be transformed in “waffle bombs” and combined with sauces like Nutella, guava, dulce de leche and more. PROVIDED BY NATIVUS

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coming up with her own ideas, she eventually moved to New York and finally South Florida where she opened her own shop.

Though most of their food is healthy, it does not go light on bold flavor and wonderful taste.

Josey’s bridges the gap between being healthy, going to the gym and doing yoga, offering smoothies, salads, bowls and recently added paninis.

Though Dunbar said that the Berry Blast (agave, oat milk cinnamon, blueberries, strawberries, peanut butter and banana) is their most popular smoothie and is a bit like liquid PB&J, there are several others that sound tantalizing as well.

One appealing combo is the Choco Caveman, which has peanut butter, oat milk, agave, coco powder, dates, banana, espresso powder and cinnamon.

Though signature smoothies and bowls are on the menu, customers can customize them any way they like.

All of the salads feature the freshest ingredients, and Josey’s own home-made dressings including mama’s ranch, honey-balsamic or champagne vinaigrette.

Information: grandviewpublic.com/joseys-salads-smoothies

Joi Poké & Sushi

Opened on April 1, this hidden gem is

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Pure yum awaits at Bonitas, located at Grandview Public Market **BONITAS**

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for sushi lovers and for those not afraid to think outside the box. While they specialize in sushi and poké, they've added several creative spins.

Some of these include the pokérrito and their sushi sandwich.

These two creations are perfect for the poké and sushi lover on the go.

The pokérrito features the choice of tuna, salmon, shrimp or crab sushi roll, red cabbage, seaweed salad, crispy onions, eel sauce and siracha wrapped in nori.

The sushi sandwich includes full nori seaweed, rice, tuna, avocado, cucumber eel and Joi sauce along with Furikake.

Owner Thomas Bernavil said many of the dishes include their house-made Joi sauce which is a mix of several ingredients including mayo and sweet chili sauce.

Bernavil added that they sell more than just good food, they sell joy and that it's their guiding principle.

Information: cashdrop.com

Bonitas

Opening at Grandview in March, Bonitas took the space formerly occupied by longtime vendor Zipitios.

Though Bonitas and Zipitios (which moved a few miles away to Industrial Alley) are both owned and operated by Ricky and Niria Perez, the Bonitas concept was slightly different.

Ricky said that Bonitas is based more on a Mexico City-type taco that features



The District Bar is centrally located at Grandview Public Market and the perfect spot to grab a drink as well as mix and mingle. **CAPEHART**



Grandview Public Market's newest vendor Clare Ave Grill officially opened on July 4. **PROVIDED**



The pokérrito at Joi Poke & Sushi is a match made for poke lovers on the go. **PROVIDED**



This bowl at Josey's Salads & Smoothies is great way to get happy and healthy. **JOSEY'S SALADS & SMOOTHIES**

a stewed meat-style filling and crunchy-taco concept.

He said that while Bonitas was very popular when it was at The Square, his former Zipitios customers longed for many of their old favorites.

Ricky said that he and his wife ad-

justed the menu as more of a fusion of both eateries, and the results have been excellent.

Two new dishes at Bonitas have become very popular: their rolled taquitos in a cup (featuring a choice of shredded beef, chicken or potato and cheese) with

crema and salsa verde; along with their vegetarian sweet potato and zucchini taco.

Bonitas offers a delicious selection of Mexican cuisine, including tacos, burri-

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With taste temptations including classic chocolate chip cookies, peanut butter cheesecake, apple crumble, salty caramel pistachio and many more, Mcks' Bakeshop at Grandview Public Market is known for creating sophisticated flavor profiles. MCKS' BAKESHOP

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tos, flautas, and other favorite Hispanic dishes.

Information: cashdrop.com/bonitas/grandview

Mcks' Bakeshop

Opened at Grandview in mid-May, Mcks' Bakery is owned and operated by Micaela Spinelli.

Spinelli said she first started baking in high school and even ran a small business selling her wares during that time. After attending college and obtaining a degree in business, she baked commercially for a while but then quit.

When COVID hit in 2020, she began

Grandview Public Market

Where: 1401 Clare Ave., West Palm Beach

Information: grandviewpublic.com/

baking again and eventually progressed to selling at nearby events and delivering that sweet goodness locally. In 2023 she decided to open her own shop.

One of her most popular treats, she said, is the cheesecake brownie.

Information: mcksbakeshop.com

Eddie Ritz is a journalist at The Palm Beach Post, part of the USA TODAY Florida Network. You can reach him at eritz@pbpost.com. Help support our journalism. Subscribe today.

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